

Training for Transition:

Moving from Oil Dependence to Local Resilience

April 30 – May 1, First Universalist Church, Norway, Maine

This **two day workshop** will introduce and practice skills from the successful “Transition Town” model of local response to global challenges. Learn how to start a transition group in your community; how to build awareness of peak oil and climate change; and how to engage people from all walks of life in neighborhood or community projects

This is a very full two days of learning. From the practical (organizing Open Space sessions and planning awareness activities) to the theoretical (principles of resilience and theories of change), you will leave the session better equipped to offer leadership in the place you call home.

Who Should Attend: The workshop is for anyone interested in strengthening a community wide response to fossil fuel dependence, climate change and a faltering economy. This includes the leaders of formal transition initiatives, and people who are just starting to think about these issues. The Transition philosophy is to begin where you are as a community, encourage a positive vision for the future, build on your assets and resources, and let it go where it wants!

The Transition Movement began in 2005 in Totnes, U.K. The movement has spread very quickly around the globe. Learn about the global Transition Town movement at www.transitionnetwork.org, or visit www.transitionus.org to find out what is happening in the United States.

THE TRAINERS

Tina Clarke has been an advocate, educator, consultant, and director of nonprofit programs since 1985. She was recently a consultant with Bill McKibben's global 350.org initiative and the Sustainability Institute. She has been providing professional training and support for community leaders and campaigns for over 20 years. In Washington, D.C. she directed national citizen advocacy training programs for faith communities, and directed Greenpeace USA's citizen activist network. She has consulted with over 400 NGOs on organizational development, public outreach, coalition-building, and energy and environmental issues. In Massachusetts she directed a regional nonprofit assistance center, training leaders in strategic planning, fundraising, and organizational development. As a Campaign Director for Clean Water Action, she initiated and helped lead coalitions on environmental justice, toxins and energy. Tina has an M.A. in Public Policy from the University of Chicago, a B.A. in urban studies from Macalester College, and is certified for consensus process facilitation and mediation. She is popular speaker on energy and environmental issues, creative frugality, and social change. She has trained and advised over three dozen Transition Initiatives. Tina lives in a below-zero energy, passive solar-heated, Platinum LEED, low-toxic "Power House" that she helped design and build. In 2009 the home won the Massachusetts utility company-sponsored competition, the Zero Energy Challenge, and in 2010 won the NESEA award for zero energy buildings. The house is free of all fossil fuels and wood-burning, and generated 2.5 times more energy than needed in 2009. www.zeroenergypowerhouse.com.

Alastair Lough was one of the first two official Transition Trainers in the US, and are pioneers of the Transition Movement in the US. Early in his career, Alastair served as a professional facilitator for Corning, assisting small workgroups in problem solving problems of their choosing. More recently, he has worked as a professional Hydrogeologist, addressing issues of groundwater remediation and water supply. In 2008, Alastair completed a doctorate in Natural Resources, in which he addressed issues of long-term water-resource conservation for the benefit of future populations. Keenly aware of climate change, peak oil and the possibility of economic crisis, he has since chosen to promote the Transition Model in the US and abroad as an innovative approach for communities to directly tackle these issues. Alastair is a permaculturist, a facilitator for the Awakening the Dreamer Symposium and cofounder of the Transition Training Center in Portland, Maine.

“If your town is not yet a Transition Town, here is the guidance for making it one. We have little time, and much to accomplish.” Richard Heinberg

Join us for two days of training delivered by Tina Clarke and Alastair Lough, PhD. This training will give you the knowledge, tools and skills to set up and successfully run a Transition Town in your own community or neighborhood.

The Training for Transition (T4T) course is designed to give a detailed introduction to the most important skills necessary to inspire, start and support a Transition project in your community. It is designed for people who are already in a group working to achieve this, or who are thinking of creating such a group. The full curriculum for the T4T can be found at www.transitionus.org/initiatives/T4T-curriculum.

At the end of the course participants will:

- Have a clear understanding of the context for Transition Initiatives, the current global situation and the transformational possibilities that arise from climate change, peak oil and the economic crisis.
- Know what the Transition model is – including an in-depth look at the 12 steps, from inspiration, setting up the initiating group, all the way to having active and effective working groups.
- Have experienced a joint visioning process.
- Understand how to organize effective meetings such as public talks, open space days, and small theme working groups.
- Understand the purpose and principles of an Energy Descent Action Plan.
- Have the outline of an effective and inspiring talk on the Transition movement.
- Have formed useful contacts with other Transition Initiatives and individuals interested in the Transition model.
- Have a plan of action for themselves and their locality.

This training will follow the Transition model in paying attention to both the outer work and the inner work necessary for a successful transition process. The course is participatory, action-learning-based and fun, with participants invited to share their own experience and learn from the many different transition projects represented in the group.

When: Saturday & Sunday April 30 & May 1; 9:30 am – 5:30 pm

Where: First Universalist Church of Norway, 479 Main St., Norway, Maine (use Google Maps or email transitionoxfordhills@yahoo.com or call 207-674-2358 for directions.

COST: \$50.00 - \$150.00 sliding scale now through April 14, \$75.00 - \$175.00 sliding scale April 15 and after.

- ✓ If possible, we encourage at least 2 people to attend from each rather than attending alone.
- ✓ Registration is on a first come first served basis for limited seats.
- ✓ Registration includes refreshments, lunches and materials.
- ✓ The evening meal is on your own.

Accommodation: Contact Deborah Crump (gelump@megalink.net or 207-674-2358) for information about area lodging, or community housing. There is no cost for community housing.

Participants are encouraged to do advance preparation as listed below:

Read: The Transition Handbook: From Oil Dependency to Local Resilience, by Rob Hopkins (optional)

Read: “Transition Primer” (free) www.transitionus.org/sites/default/files/US%20Transition%20Initiatives%20Primer.pdf

View: “In Transition” Watch free at: <http://www.vimeo.com/8029815> (optional)

TRAINING FOR TRANSITION REGISTRATION FORM

Name:

Mailing address:

City or Town:

Country:

Postal/ZIP Code:

Phone:

Email:

Registration Fee:

Sliding Scale: \$50 - \$150 now through April 14, \$75-\$175 April 15 and later.

I will pay a sliding scale total in the amount of \$_____ for the weekend Training for Transition. Enclosed with my registration is at least 50% of that amount, made payable to Transition Oxford Hills

Why sliding scale?

Nearly 10% of families in our area live on an annual income of \$10,000 or less. 20% of families have incomes of \$75,000 or more. Median income in our county is \$36,670 annually. We want to make sure everyone who should be here, can be here.

Please consider the income information above when you make your decision about what you are able to pay. You may also support the costs of the training by making a donation above the maximum sliding scale fee if you wish.

If your circumstances are such that you cannot pay even \$50, we suggest that you pay what you can, and meet the rest of the \$50 fee by asking people you know to sponsor you for \$5 or more each, and/or contacting Claire at singearth@ymail.com or 207-515-1880 to ask about barter for specific tasks or food items. Thank you.

Allergies, dietary restrictions, special needs (please describe):

Accommodation (if applicable):

- I would like to be housed in someone's home
- live in the area and can host someone in my home

Mail a copy of your registration form together with your payment to:

Deborah Crump

18 Stone Road

West Paris, ME 04289

Make your checks and money orders payable to **Transition Oxford Hills**

Thank you! See you there!