

EMPOWERING PRESENCE

Meditations for
awakening heart
and mind

Tuesday, November 29, 2016

7:00 – 8:00 p.m.

Emlen Hall, Blue Hill

Join Paul Weiss, founder of the Whole Health Center and master teacher of meditation, communication, cross-cultural spirituality, and integrated human development for an evening of powerful connection and the tools to return to yourself at a deeper level.

Program is free and open to the public. Donations accepted. For more information:
info@thewholehealthcenter.org, 207 288 4128